



# Winter Newsletter

2024

Part of the:  
**Oak**  
Learning Partnership

## Term Dates 2024 - 2025

### Last day of Autumn Term

20 December 2024

### Spring Term

#### First Day Back

07 January 2025

#### Half Term

14 February 2025

-

24 February 2025

#### Easter Break

28 March 2025

-

15 April 2025

#### Bank Holiday

06 May 2025

### Summer Term

#### Half Term

24 May 2025

-

03 June 2025

#### Last Day of School

18 July 2025




## Introduction

I am delighted to share with you our Christmas Newsletter filled with highlights from the many exciting events and activities that have taken place at Philips High School over the past term.

I am incredibly proud of the improvements made to Philips High School and the commitment of our staff to support our pupils. The expectations have been high this half term and the pupils have responded really well. Their behaviour around school has been exemplary and the behaviour data demonstrates this improvement. There will be over 500 Star Awards presented both before the holiday and during the first week back. The quality of the lessons in the classrooms has continued to impress and our teaching staff have worked extremely hard to maintain a high-quality education every day.

This week, our Christmas Celebration Concert was held on Monday 16th December and as ever, was a true highlight of the term. Thank you to all the staff (Mrs Evans, Mrs Ashcroft, Miss Schofield and Mrs Dalziel) who gave up many hours supporting our pupils. It was an outstanding display of drama, music and dance performances from our talented students. Every seat was taken and it was a fantastic evening, celebrating the creativity and dedication of our students.





# Winter Newsletter

2024

Part of the:  
**Oak**  
Learning Partnership



Our Cadets who have participated in a wide range of activities: showcasing their commitment and teamwork. This includes the Parade on Remembrance Sunday. Thank you to Major Townson and the dedicated team of staff who support with Cadets.

Looking ahead we have some thrilling activities on the horizon including an educational trip to Auschwitz in Poland and a skiing adventure which I know will be an unforgettable experience for some of our students. Our full time Manchester United coach, Mr Williams, continues to provide opportunities for our pupils to experience our extra-curricular offer. This includes a Ski Trip to the Chill Factor

**ALL STUDENTS return to school on  
Tuesday 7th January 2025 at 8.35am**

All students must return with the correct uniform and required equipment as outlined in the Parent and Student Guide Handbook available on the school website.

On behalf of all staff and Governors, I would like to wish you and your families a very Merry Christmas and a Happy New Year. We look forward to welcoming everyone back in January for what promises to be another exciting term at Philips High School.

Kind regards,

Mr C Hibbert  
**HEADTEACHER**





# HEADTEACHER'S CONGRATULATIONS





## HEADTEACHER'S CONGRATULATIONS

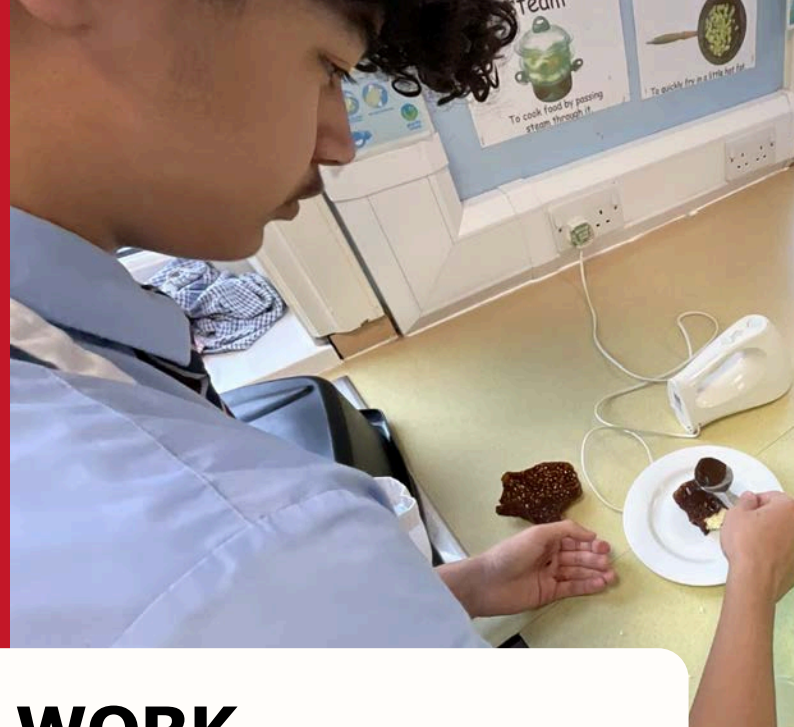
Well done to Rebekah B in Year 9 for raising over £200 for Humans Manchester and Andy's Man Club in Bury. Two great local charities!



# BURY HOSPICE

School have raised **£267** for a combination of the Christmas Jumper Day and the Raffle at the Christmas Show.

The monies have been sent to Bury Hospice.



# GREAT WORK





A big shout out to our very own Mr Carinci!!!

Who devotes a lot of his spare time to coaching both rugby and football.

Eccles Rugby Club and their huge number of volunteers have received this prestigious award.

Well done Mr C!



# MANCHESTER UNITED FOUNDATION



*Black History Month/Player Visit*

## **Philips High School Pupils Attend Manchester United's Black History Month Event**

Five pupils from Philips High School were invited by Manchester United to participate in a special Black History Month event focused on "Reclaiming the Narrative." Throughout the day, students engaged in various activities, including creating posters for their teams and participating in discussions with students from other schools. They shared their perspectives on Black history, comparing their experiences of the communities they live in and the role race plays in their lives.

### **Student Feedback**

"I really enjoyed the Manchester United Foundation trip because it was interactive and hands-on, which I love. The conversations with both staff and other students were eye-opening and made me think about many things in new ways. The highlight of the day was meeting the players. It was amazing to sit down with them and have a conversation and it really showed how down-to-earth and approachable they are. They also shared personal cultural experiences and talked about the barriers they have had to overcome to reach where they are today."

## **Philips High Year 8 Girls Participate in STEM Event with Manchester United Foundation**

A number of Year 8 girls from Philips High School recently took part in an exciting STEM event organized by the Manchester United Foundation in partnership with CyberFirst and several prominent companies, including BT, Roke, KPMG, CGI, QA, Northrop Grumman, CreativeHut, Phoenix Software, and PA Consultants.



### **Student Feedback:**

"I found the trip both interesting and fun. I had the chance to meet new people and try out various activities. My favourite part of the day was the AI activity, where we had to recreate a picture shown on the board. It was fascinating to see how the software worked. I also had the opportunity to visit the stadium, which was amazing. Overall, it was a great day!"

## **Manchester United Foundation Hosts Annual Christmas Treat at Chill Factor**

The Manchester United Foundation recently hosted its annual Christmas treat, where students from Philips High School had the opportunity to learn how to ski. After the lessons, they enjoyed some fun in the snow park, participating in activities like sliding down the slopes on snow tubes and other exciting challenges.



### **Student Feedback:**

"I absolutely loved the Chill Factor trip! It was such an amazing experience, and I really enjoyed spending time with my friends. I couldn't stop talking about it to my family. My favourite part was definitely the snow park, and I'd love to do it again. It is an experience I will never forget."

## **Philips High Pupils Celebrate Black History Month with Manchester United Foundation**

Philips High School students took part in a special Black History Month event hosted by the Manchester United Foundation. This event allowed students to interact with peers from other schools, build social skills, and network. They visited various businesses in the event room, asking questions about how professionals reached their career goals and the barriers they overcame. Pupils also had the opportunity to sample different foods from various cultures.

### **Student Feedback:**

"This trip was really inspiring for me. It was great to see people who look like me succeeding and giving back to others. The social aspect was also really beneficial – it took courage for me to talk to new people, but we were all in the same situation. My favourite part of the day was playing FIFA and getting a haircut with Neff – we had a great conversation too!"





# MANCHESTER UNITED FOUNDATION





# PE NEWS

We are thrilled to share the results from the 2024 Bury Schools' Cross Country Championships held at Heaton Park. It was an exciting day of competition, with 11 schools and approximately 110 pupils participating in each race.

We are particularly proud of our pupils, with several exceptional performances that stand out. Our top 20 finishers showcased incredible dedication and skill, and we are excited to announce that any pupil who finished in the top 12 will have the opportunity to represent Bury at the Greater Manchester Cross Country Championships – An amazing achievement!

A truly memorable moment came during the Year 8/9 boys' race, where Philips High School took the top four positions. This remarkable feat is something Head of PE, Mr Carinci has witnessed only once before in his 23 years at the school. Congratulations to all of our runners – your hard work and their determination was inspiring!





# PE NEWS

Overall place out of 11 Schools	
Yr 7 Girls	2
Yr7 Boys	5
Yr 8/9 Girls	3
Yr 8/9 Boys	1
Yr 10/11 Girls	4
Yr 10/11 Boys	5

Yr 7 Girls	Position	Yr 7 Boys	Position
Phoebe Hodgson	2	George Tasker	10
Yashira Namutaawe	10	Flyn Armstrong	18
Niamh Crompton-Muir	13		
Peppa Jiang	14		
Natasza Kowalska	15		
Yr 8/9 Girls	Position	Year 8/9 Boys	Position
Phoebe Asprey	3	Seth Hodgson	1
Eliza Gretszy	9	Aston Wray	2
Summer Politi	11	Daniel Booth	3
Emily Jones	17	Jayden Williams	4
		Thomas Wallace	13
		Jayden Mowatt	16
		Fin Kinsella	20
Yr 10/11 Girls	Position	Year 10/11 Boys	
Harriet Ellison	7	Oliver Buckley	7
Merlin Hoxa	11		
Holly Baker	17		





# CHRISTMAS COPING TIPS



*“Christmas is like an emotional magnifying glass” -  
**That Christmas (Movie)***

If you find Christmas a difficult time of year,  
here are some tips to help you cope.

Different things can help us at different times, depending on our situation and how we're feeling. Try some of these ideas and see what works best for you.

## **Take Care of Yourself:**



- Be kind to yourself; you totally deserve it!
- Keep in mind that the holiday season won't last forever—set a time limit on the festivities.
- It's okay to say no to stuff that drains you; protect your space!
- Embrace your feelings, even if they don't match what everyone else is feeling.
- Take a breather! Dive into hobbies or activities that bring you joy.
- Don't forget to chill out and recharge; you need that downtime.



## **Reach Out to Others:**



- Open up about what you're going through with friends or family you trust.
- Check out online communities, like Mind's Side by Side, where you can find support and connect with others.
- Let people know how they can help you—be clear about what you need and what's not helpful.
- Remember, you don't have to explain your feelings to anyone; just share what you need.

And always keep in mind: it's not your job to make everyone else understand what you're dealing with. You've got this!

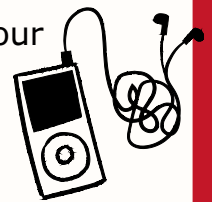


# CHRISTMAS COPING TIPS



**Planning ahead for Christmas can totally help you tackle any challenges that come your way. Here's how to make it smoother and way more fun:**

- **Spot Potential Hiccups:** Think about what might go wrong and brainstorm some cool coping strategies. It's like preparing for a game!
- **Bring Your Faves:** If you're heading somewhere new, pack a few comforting items like your favorite hoodie or a playlist that lifts your mood.
- **Stick to a Routine:** Try to keep some of your usual vibe going. Gradually introduce new activities so it doesn't feel overwhelming.
- **Jot Down Tips:** Keep a little notebook of strategies that help when flashbacks or anxiety hit. It's your personal playbook!
- **Know Your Limits:** If certain places or events bring back tough memories, it's okay to skip them. Your peace of mind comes first!
- **Evaluate Activities:** Ask yourself if you really want to do something. If not, feel free to adjust your plans!
- **Stay Informed:** Make a list of services and their holiday hours, and don't forget to stock up on any meds you need.
- **Fight Loneliness:** Dive into creative hobbies, binge-watch a new show, or explore the outdoors. Nature can be a total mood booster!
- **Stay Connected:** Set up calls or video chats with friends and family if you can't be together in person. It'll keep the holiday spirit alive!
- **Create New Traditions:** If old ones feel too tough, invent some fresh traditions that feel right for you. It's all about making new memories!
- **Plan for Post-Holiday Fun:** Have something exciting lined up for after Christmas to keep your spirits high. It's all about looking forward to the good times ahead!



**Embrace the holiday vibes  
and make this Christmas your own!**





# FOOD TECH TRIP

In November, the Year 10 Hospitality and Catering class took a trip to TNQ in the Northern Quarter. TNQ prides itself on utilising only the finest seasonal ingredients from the British Isles to craft bold and thought-provoking contemporary British cuisine.

The Head Chef, Anthony Fielden, is a former student. This experience provided a fantastic opportunity for students to dine at an award-winning restaurant in Manchester. The presentation of the dishes was exceptional, inspiring the class with numerous ideas for their practical exam in Year 11. Additionally, we had the chance to converse with Anthony and tour a professional catering kitchen.

## Menu

### Olives and bread

#### Starters

CHEDDAR CHEESE & ONION SOUP  
*with Burnt onion powder, chive oil, cheese crisp*  
SMOKED HADDOCK CROQUETTES  
*with spiced potatoes, saffron aioli & puffed rice*

#### Mains

Fish and chips, burgers, flat iron steak, roast breast of chicken with bacon & spring onion hashbrown, chicken livers, wild mushrooms & tarragon, truffle foam

#### Desserts

STICKY TOFFEE PUDDING  
*Cheshire Farm vanilla ice cream, toffee sauce & honeycomb*  
CHERRY CAKE & CHOCOLATE MOUSSE  
*chocolate soil, kirsch, cherry sorbet*  
LIMONCELLO CHEESECAKE  
*lemon curd, lemon meringue, lemon balm syrup*  
CARAMELISED PINEAPPLE  
*pink peppercorns, mango sorbet, pistachio & poppyseed brittle*





# FOOD TECH TRIP





# SCIENCE NEWS



## **Year 11 Students Embrace Innovative Field Investigations Despite Winter Challenges**

In an impressive display of creativity and adaptability, the science department at Philips High School transformed the sports hall into a dynamic mock field and river environment for Year 11 students. This innovative approach allowed students to develop critical field investigation skills in a controlled setting, overcoming the challenges posed by winter weather.

The setup provided students with a unique opportunity to observe and investigate a specific organism while engaging in practical, hands-on learning. The results were overwhelmingly positive, with 95% of students reporting an improved understanding of field investigations.

Beyond the field studies, students delved into ecological concepts such as predator-prey relationships and competition in natural habitats. A predator hunting simulation proved to be a standout activity, where students analysed the effectiveness of different predators and explored factors influencing hunting success. This interactive exercise fostered teamwork and critical thinking, with 92% of participants expressing a clearer understanding of how certain organisms decrease in population.

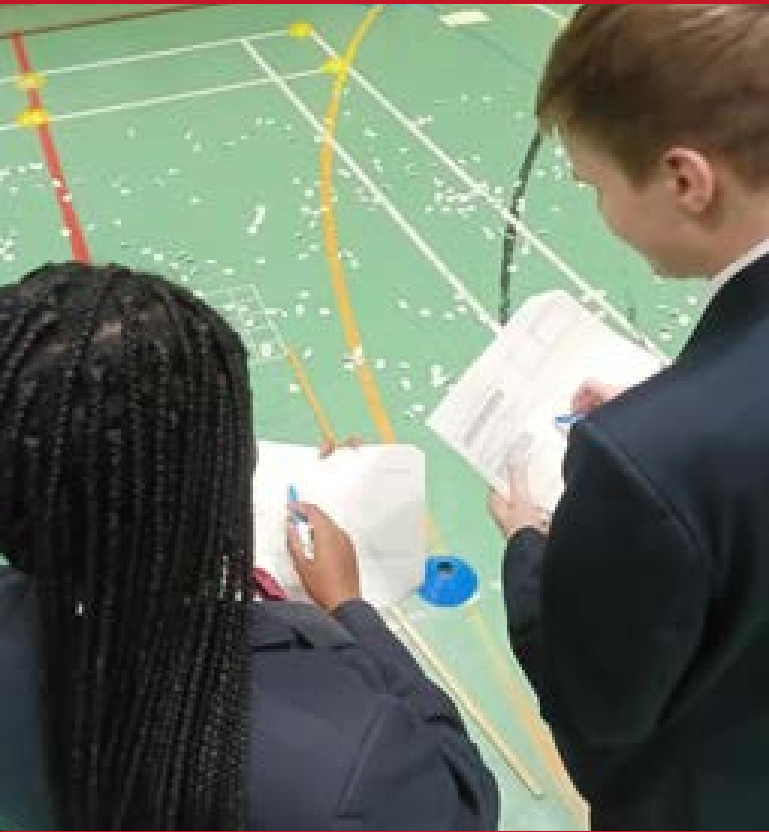
A highlight of the day was an engaging session with Curious Critters, who brought a fascinating array of animals into the school. Students gained hands on experience with spiders, scorpions, beetles, snakes, and owls. Many showed courage in overcoming their fears, with some even holding the animals. The session proved to be a hit, with 93% of students reporting that they enjoyed the hands-on experience.

The success of this Year 11 trip highlights the science department's commitment to innovative teaching and experiential learning. By creating a supportive and interactive environment, the school continues to inspire students to develop practical skills, deepen their understanding of science, and build confidence for future studies.





# SCIENCE NEWS



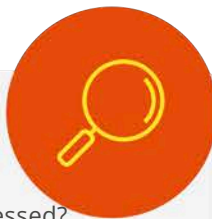
# Navigating exam season

## Student guide to managing exam stress

Exams can be a challenging time, and the pressure to do well can feel overwhelming, especially if you're feeling pressure from school or family.

It's perfectly normal to feel worried about your exams, but it's important that you find ways to manage your worries.

We've shared some advice below.



### Know the signs of stress

What signs tell you that you are stressed?

- Perhaps you do certain things (shop, eat, sleep, study more, don't study)
- Perhaps you think certain things (catastrophise, "I can't do this")
- Perhaps you feel certain ways (grumpy, sad, hopeless, helpless)



### Recognise when you're stressed

Think about what signs tell you are stressed - perhaps you find you have a racing heart, or find it difficult to sleep - these are perfectly normal responses. Know the signs so you recognise when you're struggling.



### Develop coping strategies

There are different ways you can calm your body's stress response. Look online for guided breathing exercises or relaxation techniques (we love these [relaxation techniques from NHS Scotland](#))



### Create a daily timetable

Create a plan and be realistic about what you can achieve each day. Planning your revision time will help you know what you want to study when, which can make revision seem less overwhelming.



### Take regular breaks

Make sure you take regular breaks, as your brain cannot concentrate for hours at a time. If you can, use breaks as an opportunity to go outside, exercise, or spend time with family and friends.



### Play to your strengths

Not everyone learns the same way, so consider your strengths and how you learn best. You may prefer to read, watch videos, draw diagrams, write lots of notes... Find what works best for you.



### Keep things in perspective

Remember that there's more to life than your grades. Exams are only a small part of the picture, and your results don't define who you are.



### Ask for help

Let your family, friends, and teachers know if you are struggling so that they can support you.

If you're feeling overwhelmed and need to talk:

- Text CONNECT to 85258 for free to speak to Shout
- Call 0800 1111 to speak to Childline, or visit [childline.org.uk](https://www.childline.org.uk) for their free online chat
- Visit [place2be.org.uk/help](https://www.place2be.org.uk/help) for more advice

# RELIGIOUS STUDIES TRIP

43 students from Yr 9 - 11 visited Sri Guru Singh Sabha Gurdwara (Central) in Manchester on Tuesday 17th December. Students study Sikhism as part of their GCSE Religious Studies course, so the opportunity to visit a local Gurdwara was welcomed. After washing hands, removing shoes and covering our heads, we went into the main worship area of the gurdwara where our guide spoke to us about the history of Sikhism, key beliefs and practices. We had a look around the worship area trying to find as many Sikh symbols as we could find before splitting into teams to test our knowledge of what we could remember.

We then visited the langar hall where we enjoyed a meal of potato curry, rice and bread - We could have as much as we liked! Everyone is welcome to share in the communal meal at the gurdwara and everyone ate at the same level to demonstrate the Sikh belief in equality.

Students commented that this was a really interesting visit and was different to other places of worship which they had visited before.





## RS Visit

### Visit to the Sri Guru Singh Sabha Gurdwara

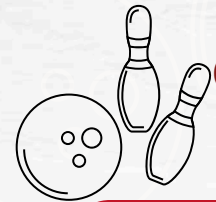
December  
2024



## Sports Visit

### Bowling Trip organised by Sports4All

October 2024



# TRIPS



## Palace Theatre

### Chicago The Musical

November 2024



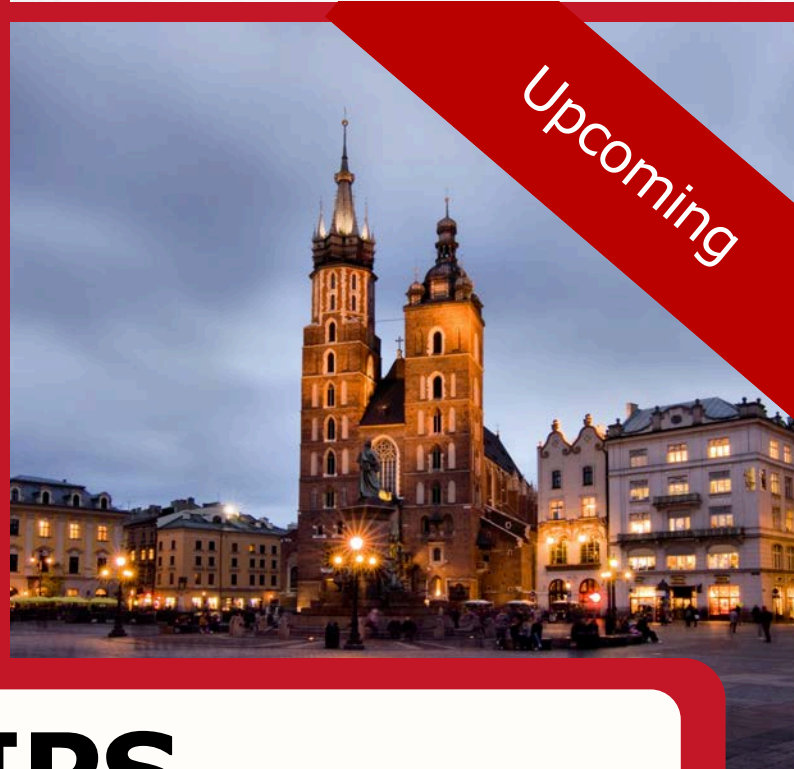


**Chill Factor E**

**December  
2024**



**Krakow  
July 2025**



**Upcoming**

# TRIPS



**Upcoming**

**Thackray Museum  
of Medicine**

**MARCH 2025**

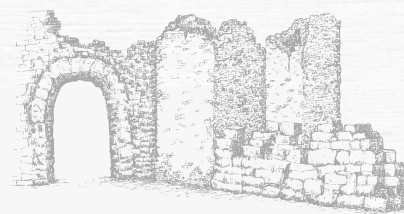


Upcoming



**Skipton Castle**

**February 2025**



**Ski Trip**

**April 2026**



Upcoming

# TRIPS

Upcoming

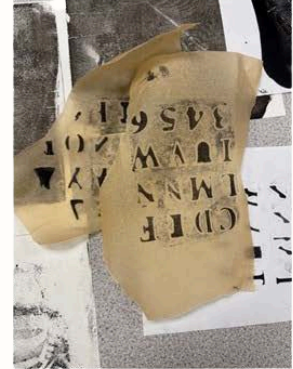
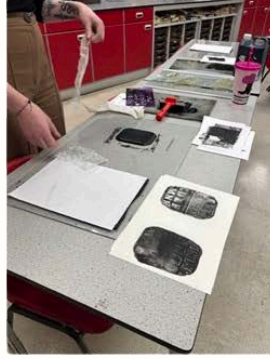


**Y10 & Y11**

**An Inspector Calls at  
The Lowry**



# ART DEPARTMENT CPD





# ART CLUB





# DUKE OF EDINBURGH



This half term the Duke of Edinburgh pupils have been concentrating on learning basic First Aid skills.

They're now fully equipped to assess an accident scene, perform initial checks on a patient and deliver the correct follow up whether it's the recovery position, performing CPR, bandaging simple sprains & breaks or just looking after a blister!

With a bit of luck they'll never need these skills but it does mean that they can support the public and, more importantly to them, look after each other when they do their 2 day camping and hiking expedition next year!

We currently have 30 curriculum pupils and a further 24 extra-curricular pupils who are taking part in their own time after school on Mondays with Mr. Coldwell.

Any Y10's who haven't signed up but are interested are still welcome 😊

# EQUALITY PARTY



This term, we relaunched the Equality Party - More than 50 students participated. We came up with ideas for Culture Week/Day.

The suggestions were fantastic, aiming to enhance the successful event from last year while incorporating additional initiatives.

The ideas have been presented to Mr. Hibbert for further discussion and development.





# CHRISTMAS CELEBRATION CONCERT



# CADETS

A busy start to the term with 25 new Cadets starting, which increased our numbers to over 60, and some firsts for the school:

## Shooting

*Philips High school wins third place at the North West Shooting Competition.*

In September, for the first time, the school had two teams qualify for the annual shooting competition held at Altcar ranges near Southport - this was a first for our Cadets. The Competition was held over two days and 47 teams from both Army Cadet Counties and schools from across the North West attended.

Throughout the weekend, Cadets took part in five different competitions: some firing from a static position with targets appearing at ranges of 100 - 300m away to having to run 100m, and then fire at a number of targets within a certain time.

Both Teams held their own and came 6th and 18th overall, with the A team coming third in one of the individual competitions.

In October, twelve Senior Cadets were kindly invited by Walkden Academy CCF to attend their Range Day at Fulwood Barracks in Preston. During the day, they honed their shooting skills with all passing their shooting qualification.



# CADETS

## Remembrance Activities

The Cadets have been supporting the Royal British Legion with the poppy collecting both in school and in the local community, representing the school at the local Cenotaph on Remembrance Sunday.

The week before Remembrance Sunday, during form time, the Cadets toured the school with poppies and other related items and **raised £156.14!**

For the first time, some of the Cadets gave up their time to collect at Aldi over two weekends. It was fantastic to see the interaction between the Cadets and public - some veterans and others were not aware that the school offered Cadets as an after-school activity. Over the three days, the Cadets **raised £1,063!**

On Remembrance Sunday, twelve Cadets and staff attended the Church Service and the very busy Remembrance Parade at Whitefield Parish Church. The Cadets laid two wreaths on behalf of the School and Contingent.



# weekly scavenger hunt

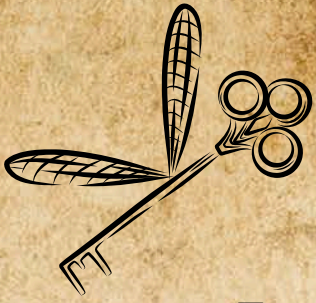


# LIBRARY NEWS

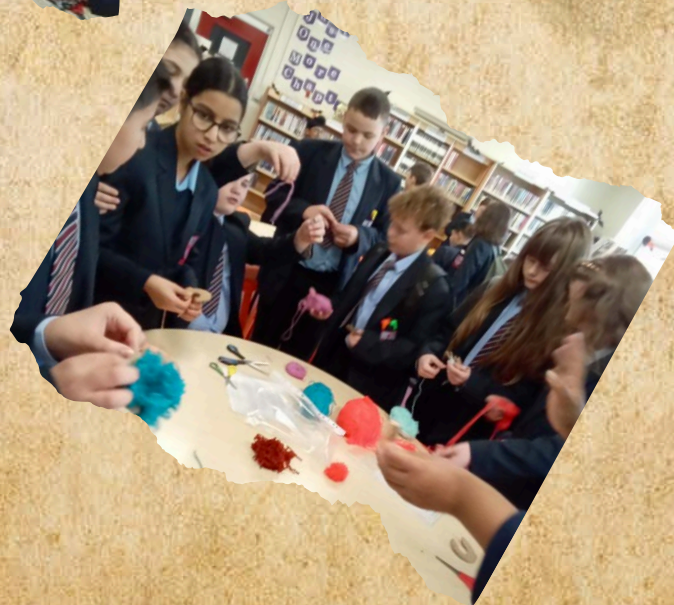
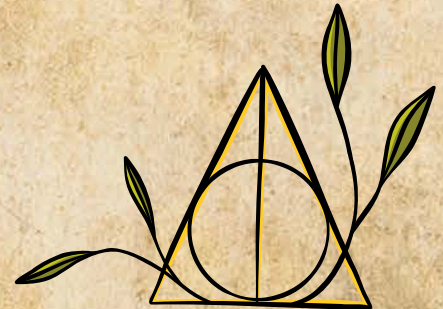
The library has been revamped and the books rearranged into genres to make it easier for students to find a book they love. We have seen an increase in books being checked out now that the library is organised in genres – while Manga remains popular, we have also seen that Fantasy & Magic and Horror books get checked out often. There is a reading area now to one side of the library where students regularly flock to with their books. With the games cupboard having been updated to include a few new games, the library is often full and busy with students enjoying and using it well. We have also showcased a display created by students. As the 'Heartstopper' series by Alice Oseman is our most popular series, students were invited to create **'Heartstopper leaves'** for the display. The library has also hired pupil librarians this term! The pupil librarians have been in charge of making display items, shelving and running a **'Weekly Scavenger Hunt'**. This is where four literary characters are hidden around the library with clues as to their location. The students are really enjoying the Scavenger Hunt!



# LIBRARY NEWS

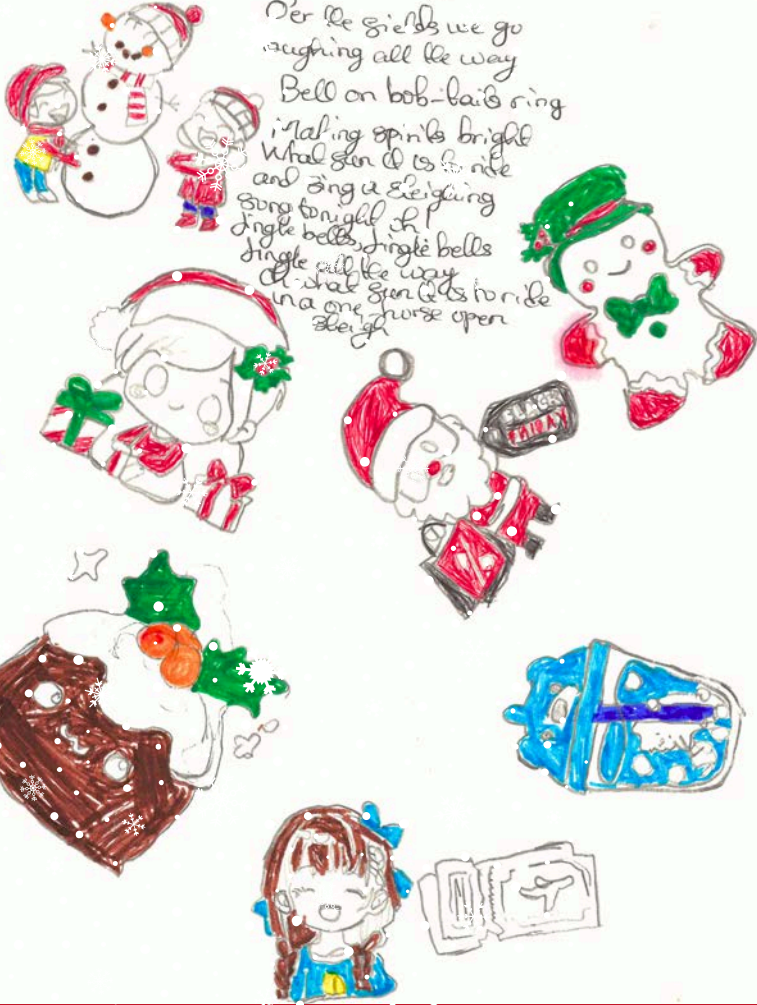


To celebrate Harry Potter Book Day on the 17th October and its Care Of Magical Creatures theme, the library hosted two crafting events! Students could make paper mache Knarls (these look like regular Hedgehogs to Muggles) and Puffskein pom-poms. There was also a Cornish Pixie hunt around the library – someone had let them loose onto the shelves! Students could also take the Hogwarts House Quiz to find out which House they belonged to and add a House Point to the House Points display (although we did notice that the Slytherins seemed to be adding more House Points on than any other House...). As the event was so popular, the library continued to celebrate Harry Potter Book Day through the 18th October.

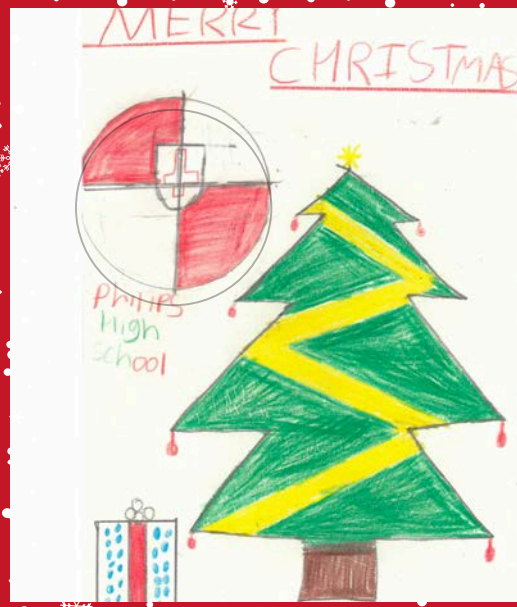


Dashing through the  
snow in a one-horse  
open sleigh.

O'er the fields we go  
singing all the way  
Bell on bob-lai's ring  
making spirits bright  
What fun it is to ride  
and sing a sleighing  
song to all the  
jingle bells, jingle bells  
jingle all the way  
O' what fun it is to ride  
in a one-horse open  
sleigh.



# CHRISTMAS POSTCARDS



The Year 7 and 8 Christmas Card event was an incredible success this year!

Take a look at these other amazing entries that made the experience exceptionally enjoyable for everyone involved







# MFL NEWS



This term, to celebrate European Day of Languages on September 26th, KS3 students have been taken part in a school quiz in form and activities in lessons.

Y7 students have also been involved in a European Day of Languages Postcard Competition around the Theme: 'The Power of learning a language...', inspired by the Global School Alliance. We were asking students to tell us how languages have the power to bring people together, how learning a language empowers them and how languages will open doors in the future.

The best postcards have been printed and are now used as Reward Postcards by all teachers within the MFL department. Congratulation to Jasmine, Evan, Natasza, Leyla and Billie!



In November, KS3 students had the opportunity to take part in the Language Nut UK Competition for the second time, where they could win points by completing a range of activities in French and show off their amazing language skills. We are happy and proud of all our students for engaging with the competition, moving our school forward from 730th to 129th place, against many other schools in the UK. The top 3 students of each year group were rewarded with a certificate and a £5 Amazon voucher.

## Congratulations to:

### Year 7

- Amaan K
- Angel Y
- Peppa J

### Year 8

- Ben B
- Majeed N
- Afiah S

### Year 9

- Haniyah R
- Anna J
- Hunnardeep K



The MFL TEAM





# School Information and Policies

All Information is  
available on  
our Website:  
[www.philipshigh.co.uk](http://www.philipshigh.co.uk)



# PLACE 2 BE

## Place 2 Be Counselling and Mental Health Support

Pupils use Place 2 Be for lots of reasons. The most common being are anxiety, struggling to focus, low self-esteem, mood swings and family issues. Pupils can book a Place 2 Talk session to talk about problems and worries, or weekly counselling is available every weekday apart from Wednesday.

You can access this support in the following ways:

- Philips High Website ([www.philipshigh.co.uk](http://www.philipshigh.co.uk), Select "Pastoral Care" and then Select "Place2Be Booking" on the right hand side.
- Letter boxes around school
- Ask a member of staff
- Click the "Place2Be" Icon on you School Desktop Area



External Agencies who can support you

Take a look at the Support Services available on the Philips High website under the heading "Parents and students", and you will find useful services relating to Mental Health Support, Bereavement, Sexual Health, Substance Abuse, LGBTW+, Eating Disorders, Early Help for Families, Bullying, Online Safety, Black and Minority Ethnic groups, Reporting terrorism, Domestic Violence:

If you or someone else is in immediate danger, then please contact 999 (101 - Police Non-Emergency, However you can also report online).

Other 24/7 Free Helplines are available for young people such as Samaritans on 116 123 and Childline on 0800 111 along with the Place2be Crisis Text Service (Text **CONNECT** to 85258) for confidential support.

For non emergency NHS advice call 111.



# PLACE 2 BE

Place2Be, our in-school Mental Health support service, has a variety of resources to help you support your child's wellbeing.

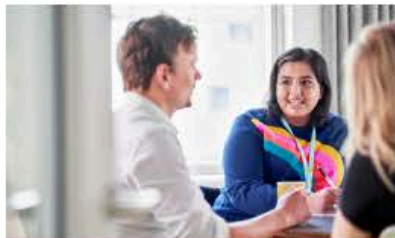
Their Parenting Smart website offers free practical advice on a range of topics including bullying, the transition to secondary/high school, meltdowns, and sleep difficulties. Visit [parentingsmart.org.uk](http://parentingsmart.org.uk) to read more.

Place2Be's Parenting Smart - Online Course is a free, 4-week course designed to support parents and carers of primary-age children in their parenting journey.

Visit [place2be.org.uk/family](http://place2be.org.uk/family) to learn more about these free resources from Place2Be.

## Overview

As part of our mental health support for the whole school, Place2Be is proud to offer advice and resources for families. We do this through:



### Family Practitioners

Each Place2Be primary school has access to a dedicated Family Practitioner offering specialist support and training.



### Parenting Smart

Our website full of practical advice and tried and tested tips for parents and carers of primary-age children.



### Parenting Smart - Online Course

For parents and carers of children at Place2Be schools, our free course will help strengthen relationships with your child.

As a Place2Be partner school, your families are able to access these free resources which can help them to support their child or young person's wellbeing. Your Place2Be school-based staff member can refer families to a dedicated Family Practitioner, and any parent or carer can access [Parenting Smart](#) and the [Parenting Smart - Online Course](#).

This toolkit has suggested copy to help you share these two resources with your school community; including ideas for school newsletters, your school website, and more.

**1 in 6**



children and young people have a diagnosable mental health problem, and many continue to have these problems into adulthood.

**50%**



of those with lifetime mental health problems first experience symptoms by the age of 14.

**1 in 10**



boys aged 5-19 with a mental health condition are excluded in some form from school.



# Attendance

## Attendance Guidelines

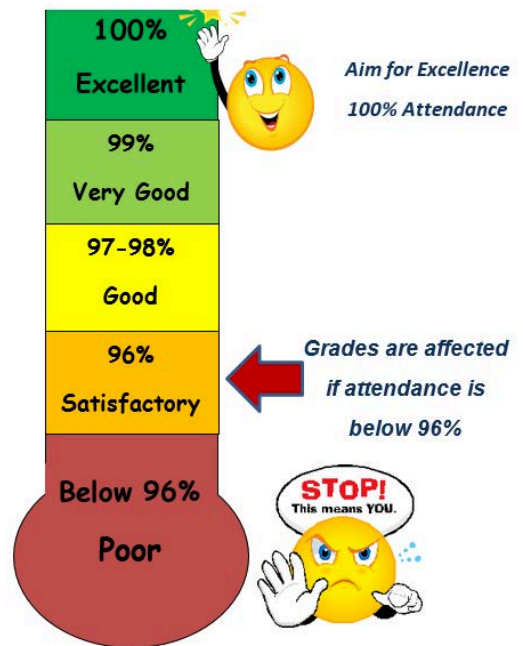
The Local Authority attendance guidelines advise that any attendance below 96% is considered poor and below 90% is considered as persistent absence.

Poor attendance can have a detrimental effect on your child's progress at school. As a school, we closely monitor attendance.

If attendance falls below 92% medical evidence will be required. This can be provided in the form of any of the following:

- Email or letter from NHS Dr or medical practitioner including a nurse.
- Text or telephone consultation.
- Medication bottle or box.
- Pharmaceutical Consultation.

It is also very important to inform us if your child is unable to attend school **on each day of absence.**  
**Thank you for your support.**



It is important that pupils arrive at registration and lessons on time. If pupils are late they will receive a late mark on the register, a strike on their Star card and a Detention.



[attendance@philipshigh.co.uk](mailto:attendance@philipshigh.co.uk)

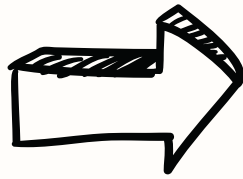
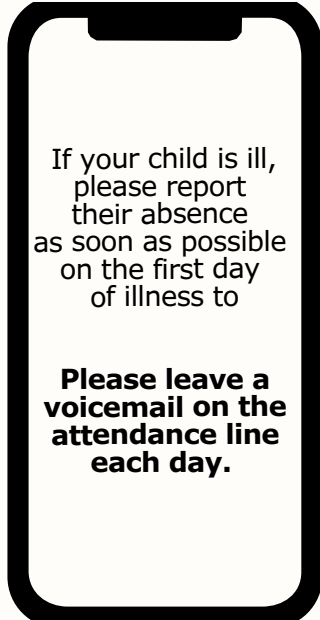


Leave a voicemail on  
0161 3512200, **Option 1**

# Attendance



## Reporting an absence



Send an email to [attendance@philipshigh.co.uk](mailto:attendance@philipshigh.co.uk)

or



Please leave a voicemail on 0161 351 2200, **Option 1**

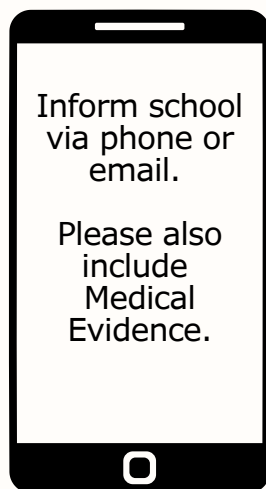
## Reporting a Medical Appointment

**Medical or Dental appointments should be made, whenever possible, outside of school hours.**

If appointments are unavoidable during school hours. We request that the appointment does not affect registration so pupils can still get a present mark for both morning and afternoon registration.



**At least** 24 hours' notice of any medical appointments.



Please make sure your child is aware of what time they are being collected.

Pupils are responsible for making sure that they are at Reception ready to be collected and sign out.

**Office staff will not always be available to interrupt lessons to collect pupils**



[attendance@philipshigh.co.uk](mailto:attendance@philipshigh.co.uk)



Leave a voicemail on 0161 351 2200, **Option 1**



# USEFUL CONTACTS



**BARDOC (out of hours service)** - Please contact 111

**Emergency Housing** - 0161 253 5537  
(In an emergency after 5pm 0161 2536606)

**Care and Support Service (CASS)** 0161 253 6666

**Fairfield Hospital** - 0161 624 0420

**Healthy Minds (Adults)** - 0161 253 5258

**Health Young Minds (Young people)** - 0161 716 1100

**Metrolink enquiries** - <https://tfgm.com/public-transport/tram/contact>

**Travel Line** <https://www.traveline.info> or 0871 200 2233

**NSPCC** - 0808 800 5000

**Greater Manchester Police** - 0161 872 5050 or 101

**Rape Crisis Line GM** - 0161 273 4500 / 0808 802 9999

**Mind.org.uk** - Mental Health/Self-harm support -  
0300 123 3393

**Shelter Manchester -**

Free housing emergency helpline 0808 800 4444  
(Available Mon-Fri 8am-8pm, Weekend and Bank Holidays  
9am-5pm )

**Streetwise @ Early Break** - 0161 723 3880

**Admissions (Bury LA)** - 0161 253 5670



# Safeguarding School Rules

## Appointments

Please try to make appointments out of school hours. If this is unavoidable then please ensure pupils are aware of what time they need to meet you at the school office.

Staff will not interrupt lessons to collect pupils for Appointments.

## Years 7-9

All pupils must be collected from reception by a parent / carer or responsible adult aged over 18 years. A letter or appointment card to be handed in at reception when signing out.

## Years 10 & 11

Pupils are allowed to make their own way to appointments if they have a letter of authorisation from a parent / carer or a phone call has been received by office staff (letters must be handed in to the Attendance Office and either copied or kept as confirmation evidence).

## Unwell Pupils

Head of Year must authorise pupils to go home (unless medical emergency).

All pupils to be collected from reception by a parent / carer or responsible adult over 18 years. Depending on the nature of illness some pupils are allowed to be sent home via taxi if the parent / carer requests – Head of Year must authorise this.

## Contact Details

Please ensure all contact information is kept up to date, in particular mobile telephone numbers and email addresses. You can check the details held by school through the parent app.

# Parking around Philips High School

Parking on school grounds is for staff only and where possible we ask that all visitors park off site in a safe manner, being courteous to our neighbours. **Please remember that the school is located in a residential area and it is an offence to wilfully obstruct the highway and parking across driveways is not acceptable.**

In order to safeguard our pupils at the start and end of a school day **please note the following;**

- No vehicle access to the second gate for deliveries between 8am – 9am.
- No vehicle movements between 8:15 - 9:05, 10:50 - 11:15, 12:45 - 13:45 and 14:45 - 15:05
- Movement of traffic is prohibited around the school grounds.
- Parking on site is for staff only and we ask you park off-site.
- There is disabled parking available for Visitors with a Blue badge.

We apologise for any inconvenience this may cause.



# SATCHEL ONE

Online tool, Satchel One, helps you keep track of your child's Independent Learning.

This gives you;

- 24/7 access to your child's homework
- A view of the quality and quantity of Independent Learning.
- Free apps for your iPhone, iPad and Android devices
- Automated notifications of Independent Learning due date



For more information please read the help sheet on the school webpage.

Any issues with Satchel One, please email: [satchel1@philipshigh.co.uk](mailto:satchel1@philipshigh.co.uk)

## SMART TECHNOLOGY DEVICES POLICY

From **1 July 2024** Mobile Phones and Smart Technology Devices were strictly prohibited and not to be used / seen or heard anywhere within the Philips High School premises at any time. This includes:-

- Lessons
- In between lessons
- Social times including before / after school, breaks and lunches
- During and/or after extra-curricular activities
- All areas of the school building including toilets, canteen/canopy, sports hall, corridors, classrooms.
- All areas outside the school building within the grounds including playgrounds, fields, Astro areas.

*(NB. this list is not exhaustive)*

Smart Technology Devices' referred to within our policy includes:-

- Mobile phones
- Headphones / AirPods or similar
- Smart Watches or similar
- Electronic devices that link to the internet (unless provided to the individual pupil by school for specific educational needs)

# OFFICE NEWS

## Pay for school meals

To help make it as easy as possible for you to pay for school meals we have introduced an epayments system which allows you to pay for school meals over the internet

[www.bury.gov.uk/ payforit](http://www.bury.gov.uk/payforit) or by phone 0845 3052197  
(Open Mon-Fr 9am—5pm)

**How to pay:** All major debit or credit cards are accepted with the exception of American Express and Diners Card. To pay online or over the telephone you will need the following details to hand;

- School Name
- Pupils name
- Pupil number (provided by school)
- 4-digit school DfE number—4025
- Your debit/credit card details

More information at: [www.bury.gov.uk/schoolcatering](http://www.bury.gov.uk/schoolcatering)

Please contact school should you require your child's individual log in details to enable you to benefit

## Appointments

Please understand that **only parents/carers with a pre-booked appointment can be guaranteed to see or speak to a member staff.**

Unfortunately, although we will try our best to accommodate. There will be occasions where no member of staff will be available



## Contact details

It is important that all contact details are up to date in case of emergencies.

If you wish to update your contact details, please follow this link:

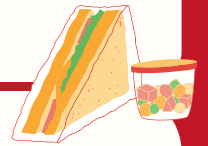
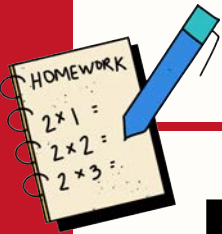
<https://forms.office.com/r/GJmcQj3Qz8>

Alternatively if you login to the SIMS Parent App or [www.sims-parent.co.uk](http://www.sims-parent.co.uk) you can check the contact details we already have and make any amendments.

# OFFICE NEWS

## PUPIL BELONGINGS

Please note, any pupil belongings that are dropped off at Reception, will be the **pupil's responsibility** to collect at Break, Lunch or after school.



## STATIONARY PRICE LIST

Ties (Years 7 - 10)	£6.50
Ties (Year 11)	£7.50
Black Pen	20p
Red Pen	20p
Pencil	20p
30cm Ruler	50p
15cm Ruler	30p
Protractor	30p
Eraser	15p
Pencil Sharpener	20p
Compass	£2.00
Glue Stick	80p
Highlighter	50p
Filled Pencil Case	£2.00
Calculator	£12.00
Geometry Set	£3.00
Planner	£3.00





# Goodbye

Sadly we say goodbye to the following colleagues whom we wish all the very best for the future:

Mrs Makin - Teacher of History/Assistant Head

Mrs McCaffrey - Learning Support Assistant

Miss Misbah Parvais - Teacher of Science

Mr Shane Browne - Teacher of Mathematics

*This will mean that there will be some Timetable changes in January to ensure your child is in the most suitable Class based on their Academic ability.*

# Welcome

Mr Jamie Johnson - Teacher of Science

